



Myocardial Viability Assessment with Thallium

Name _____

Test Date _____

Physician _____

Appt. Time _____

Please report to Grand River Cardiology at 1000 East Paris, SE, Suite 200 at the appointment time written above.

DO NOT EAT, DRINK, OR SMOKE FOUR (4) HOURS PRIOR TO YOUR TEST. DO NOT EAT DRINK OR SMOKE FOUR (4) HOURS PRIOR TO YOUR TEST. Refrain from all foods, beverages and medications that contain caffeine for 24 hours prior to your test. Some common products that contain caffeine include:

- | | |
|---------------------------------|---------------------------------|
| a. Chocolate | e. Iced tea |
| b. Soda | f. Hot chocolate |
| c. Decaffeinated coffee and tea | g. Some cold relief medications |
| d. Caffeinated coffee and tea | |

If you are a *Diabetic* and take insulin or a medication to control your blood sugar, please call (616) 949-8554 for instructions.

The test is done in two parts, with each part being approximately 45 minutes in duration. There will be a four-hour break between each part of the test at which time you may leave the office.

Continue taking all medications unless instructed otherwise by the Grand River Cardiology Staff.

Please bring a current list of medications with you to your appointment.

It may become necessary to reschedule your test should delays occur due to patient tardiness or unforeseen circumstances in the office.

Please wear comfortable clothing and avoid wearing any clothing with metal (i.e. shirts and blouses.)

After registering, you will receive an injection of radioisotope called Thallium. Ten minutes later you will have your first set of images done. After these images are done, the technologist will advise you of a time to return to the office four hours later. Before you leave, the technologist will remove your IV and then you are free to leave. After leaving, you may eat a light meal with minimal liquid. Upon returning, you will have the second set of images performed. If you have any questions, please feel free to contact our office at 949-8554.