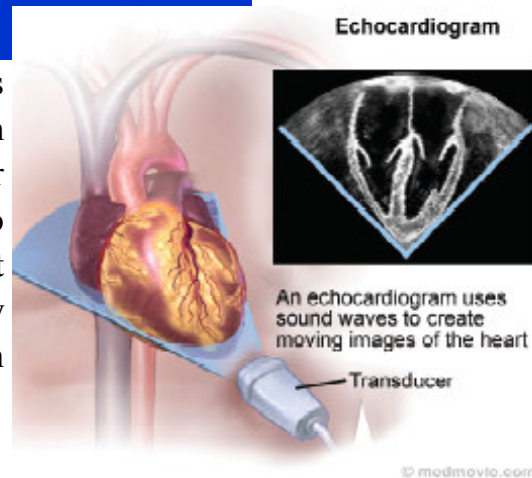


**Heart Ultrasound
 (Echocardiography or “Echo”)**

Heart Ultrasound is a test that takes “moving pictures” of the heart with sound waves. It provides your doctor with pictures that will help them to evaluate your heart’s health. A heart ultrasound uses the same technology that allows doctors to see an unborn baby inside a pregnant mother.



HEART ULTRASOUND IS:

- Safe (no radiation; no side effects; no pre-medication)
- Appropriate for all ages (from infants to the elderly)
- Proven and trusted by millions
- Fast (30-40 minutes)
- Non-Invasive
- Comprehensive

**YOU MAY BENEFIT FROM THIS
 IF YOU’VE EXPERIENCED:**

- Unexplained chest or upper arm pain
- A heart murmur
- A heart defect
- A history of heart disease in your family
- There are many other possible reasons that your doctor may want to evaluate your heart health

What is it like?

- You’ll remove your clothing from the waist up and a gown will be provided for your comfort
- While lying down the specialist (sonographer) who will be performing the ultrasound will use a gel to move a wand over your chest area
- Sound waves will then provide an image of your heart and valves
- The information will be stored
- Your heart and system can be seen on a video screen by the sonographer

What will the ultrasound show?

A specialized physician will study your information and report the findings to your doctor.

They may include:

- The size and shape of your heart
- How well your heart is performing
- If you heart valves are functioning



How can I learn more?

Go to www.SeeMyHeart.org to see live videos of the procedure and to read about other ultrasound options for heart evaluation